

# Timnath Middle-High School

# NEWSLETTER

August 2022

## IN THIS ISSUE

**STUDENT  
REGISTRATION &  
FIRST DAY INFO**

**SCHOOL SUPPLIES**

**ALL THINGS  
SPORTS**

**COUNSELING  
UPDATE**

**HOW TO  
CONTRIBUTE**

## TMHS Ribbon Cutting & Open House a Huge Success!

It was a scorching summer day, but our surrounding community eagerly lined up to see the long awaited Timnath Middle-High School open our doors at the Ribbon Cutting/Open House on July 22nd.

Cub cheerleaders started the ceremony off with a fantastic show of spirit, followed by an engaging speech by the Principal, Jesse Morrill. The event included other speakers including PSD Superintendent Brian Kingsley, and Timnath Mayor Mark Soukup.

TMHS would like to thank the thousands that attended the open house. "Opening this school isn't a PSD accomplishment alone; it's belongs to everyone in our community. Thank you, to everyone who made this possible." - Brian Kingsley



# BACK TO SCHOOL

## STUDENT REGISTRATION

*Photo. Schedule. Laptop. Tour*

If you are new to PSD or  
have updated any of these  
items, please

**BRING**

☒ Transcripts

☒ Medications  
(if applicable)

☒ Proof of Address

☒ Immunizations

☒ Birth Certificate

...is finally here! On this day, students will take their school photo, be issued a laptop, and receive their class schedule. Feel free to take a self guided tour around the building, meet with the nurse, purchase optional Cub Gear and more!

### 9th and 10th Grade

**Tuesday, August 2nd**

**Last names A-K 8:00 - 11:30am**

**Last names L-Z 12:30 - 4:00pm**

### 7th and 8th Grade

**Wednesday, August 3rd**

**Last names A-K 8:00 - 11:30am**

**Last names L-Z 12:30 - 4:00pm**

### 6th grade

**Thursday, August 4th**

**Last names A-K 8:00 - 11:30am**

**Last names L-Z 12:30 - 4:00pm**

### Make-Up Day

**Tuesday, August 9th from 8am-4pm**





# FIRST DAY OF SCHOOL

Timnath Middle-High School will hold three separate first days or "transition days" to focus on our students in specific grades in order for each student to get acclimated to the new school building, culture, and procedures.

*Please note this is different than the posted PSD calendar start dates.*

Friday, August 12th.....**only** 9th and 10th graders

Monday, August 15th.....**only** 7th and 8th graders

Tuesday, August 16th.....**only** 6th graders

Wednesday, August 17th .....**All** students' first day together



## Don't Forget

All students need to register for transportation even if they received it in the 21-22 school year.

Restrictions apply. Please Visit PSD Transportation for more information on bus eligibility.

# TMHS 2022-23 School Supply List

## GENERAL SUPPLIES

- Pencils
- Pens, assorted colors
- Highlighters
- Expo Markers
- Scotch Tape
- Glue Sticks
- Colored pencils
- Scissors

- Loose leaf Paper
- Loose Leaf Graph Paper
- Notebooks
- Binders
- Sheet Protectors
- Sticky Notes
- Pop-up flags/sticky tabs
- Index cards

## Technology

- Ear Buds
- Computer/charger provided by the district
- Poudre River Public Library Card
- Flash drive, 2GB minimum

## Art

- 8.5x11" sketch book
- #2 wood pencils
- White block art eraser

## MATH

- Calculator  
TI30XIIS Recommended  
TI-83 Plus Graphing for  
Algebra 2 and above
- Ruler
- Geometry:  
Protractor/Compass

## Performing Arts

- See specific class lists on website (coming soon)

At Timnath Middle High School we encourage responsibility and organization with our students. Each student is responsible to come to class prepared with the necessary school supplies each day.

**Students get to decide quantities/styles of these items and how to best organize them.**

Teachers may request specific items throughout the year for projects and will give you plenty of time to bring those items into the school.

CHECK  
IT  
OUT





## The Value of Your Investment

*Let's build something  
great together!*

## Your Annual Contribution at Work

What the collected contribution funds  
will be used for:

- Athletic Events Pass for ALL Students - This pass allows students to be admitted to all home games at no charge.
- Science- materials for inquiry-based labs, dissections, and interactive activities
- English- workbooks and novels
- Art- consumable supplies including clay, glaze, pencils, colored pencils, chalk, pastels, ink, paper, tag board, etc.
- Technology- consumable supplies including advanced electronic kits, rocket supplies, bridge-building supplies, wood-working supplies, 3-D printing supplies, compressed air blocks, aerodynamics kits, etc.
- World Language- cultural supplies, craft supplies, food items, etc.
- Music - concert attire
- Elective class consumables (ex. creative foods, science adventures, fashion design, etc.)
- Special School Projects \*
- Additional Staffing \*

*\* if funds allow*

### Additional fees not covered by contribution:

While the goal of the contribution program is to simplify the fee collection process, some of our specialized and optional programs will still collect separate fees throughout the year.

- Field trip fees
- Athletic participation fees
- Music: instrument maintenance and specialized uniforms
- Dances, socials, and other special events
- Clubs and extracurricular fees
- Fines for damaged and lost equipment



# Meet the Counseling Team



MELISSA VASA  
A-EK  
A-M ELD



KELSEY COCKRELL  
EL-KN



TARA ARKO  
KO-RI



MATT MILTENBERG  
RO-Z  
N-Z ELD

## WELCOME TO TIMNATH-MIDDLE HIGH SCHOOL!

The counseling department is so excited to meet our incoming students and we look forward to working with our Cub Families! As school counselors, we are here to help with getting acclimated to the school environment and to support all students' needs as it relates to academic, social/emotional, and career development.

As the school year is quickly approaching, we know that schedules are at the forefront of many students' minds. We want to work together to make sure every student is set up for a great learning experience that meets their needs, setting the tone for a great year at Timnath.

Although the constraints of any master schedule limits our ability to accommodate every possible request, counselors have worked hard over the last few weeks to finalize schedules that meet student needs. At registration (August 2nd, 3rd, or 4th), students will receive their schedules for the year, and counselors will be available to answer questions and address concerns as they arise. Common schedule issues we are happy to problem-solve with you include: improve course level placement, course duplication, changes based on summer school course completion, and/or graduation requirement fulfillment.

While we are waiting for our phone system to be set up, email is the best way to connect with counselors for the time being. We thank our Cub Families for all their patience as we bring this new, amazing school to life!

Go Cubs!



# NOTES FROM THE HEALTH OFFICE



## IMMUNIZATION AND STUDENT HEALTH FORMS

Please bring a paper copy of your student's most recent immunization record to registration in August, especially if they have received any new immunizations over this past school year. Just a few reminders...

**IMMUNIZATIONS:** All 6th through 12th graders are required to have the Tdap booster, typically given at age 11. The "p" (pertussis) has been added to the standard Td booster to protect teens against whooping cough.



## OPTIONS

If you cannot get in to see your doctor before school starts in August, you can also get required immunizations at Walgreens, King Soopers, and Costco, or the Health and Wellness Centers at Centennial High School and Lincoln Middle School <https://hwcenter.org>. For more information, please view the following: Tdap Vaccine Information Colorado Department of Health and Environment Letter PSD Immunizations Information

## VACCINES REQUIRED FOR K-12

- Hepatitis B.
- Diphtheria, tetanus, pertussis (DTap).\*
- Inactivated poliovirus (IPV).\*
- Measles, mumps, rubella (MMR).\*
- Varicella (chicken pox).\*
- Tetanus, diphtheria, pertussis (Tdap).\*\*

\*Students 4 through 6 years of age are required to have their final doses of DTaP, IPV, MMR and Varicella prior to kindergarten entry.

\*\*Students are required to have Tdap prior to entry into 6th grade. One dose of Tdap is required for 6th through 12th grades.

## EXEMPTIONS

If you choose not to vaccinate your student with any of the required immunizations, you must submit a new non-medical (formally known as religious/personal belief) exemption every school year after July 1st and bring a copy of the completed form or online certificate to Timnath Middle-High School during registration in August.

Visit

<https://www.colorado.gov/cdphe/vaccine-exemptions> for more information and to download the new form or complete the online education module. If you previously did an exemption but have since received the required immunization(s), you can provide an updated immunization record during August registration.

These are the two ways to submit a non-medical (religious/personal belief) exemption to any Colorado school:

- Submit the certificate of non-medical exemption WITH a signature from an immunizing provider who is a medical doctor, doctor of osteopathic medicine, advanced practice nurse or delegated physician's assistant OR
- Submit the certificate of non-medical exemption received upon the completion of CDPHE's Online Immunization Education Module. Parents of students in grades K-12 claiming a non-medical exemption must submit one annually. Non-medical exemptions expire June 30th each year. If you submit a certificate of non-medical exemption on or before June 30th, it will not be valid for the upcoming school year.

# MEDICATION



## NURSE

Kim Williamson, RN  
kwilliamson@psdschools.org

## HEALTH TECH

Jennifer Tafoya  
jtafoya@psdschools.org

## IF YOU NEED MEDICATION AT SCHOOL

If you need forms for any health/medication reasons for the health office or to self-carry emergency medications during the upcoming school year, please visit the Poudre School District website. Review and print from section 6. Consent for taking medication at school; Authorization to Administer Medicine or Carry and Self-Administer Asthma/Allergy Medicine and section 8. Health care action plans for the corresponding health care action plan paperwork.

Self-carry is allowed and highly encouraged in middle school for emergency medications only such as asthma rescue Inhalers, EpiPens (or any Epinephrine injector), Benadryl (severe allergic reactions only), Glucagon, etc. Some families have their student self-carry (purse/backpack/locker/PE locker for after school activities, clubs, athletics, field trips, walking home, etc.) and then store a second medication in the health office if they prefer. Kinard staff is delegated every school year to help & administer a self-carry EpiPen or any Epinephrine injector.

New medication paperwork is needed every school year and should be filled out by your health care provider and dated after June 1st. The completed paperwork (double check all the required signatures – front & back {selfcarry form is 2 pages}) and medication (double check expiration dates as we cannot accept expired medication) can be turned into Timnath's health office at the beginning of the school year. If you have any questions regarding immunizations or health office needs for Timnath during the 2022-2023 school year, please contact the health office. Kim Williamson, TMHS School Nurse, kwilliamson@psdschools.org. They will be available during August Registration to accept any forms and medication.

Please do not drop it off prior to the August registration as our health office is not set up yet.



# TIMNATH HIGH SCHOOL ATHLETICS

## OPENING FALL 2022

### FALL SPORTS

### WINTER SPORTS

### SPRING SPORTS



CHEER  
CROSS COUNTRY  
FOOTBALL  
GOLF (BOYS)  
SOCCER (BOYS)  
SOFTBALL  
TENNIS (BOYS)  
VOLLEYBALL  
UNIFIED CHEER  
UNIFIED FOOTBALL

CHEER  
BASKETBALL (BOYS)  
BASKETBALL (GIRLS)  
SWIM & DIVE (GIRLS)  
UNIFIED BASKETBALL  
UNIFIED CHEER  
WRESTLING



BASEBALL  
GOLF (GIRLS)  
SWIM & DIVE (BOYS)  
SOCCER (GIRLS)  
TENNIS (GIRLS)  
TRACK & FIELD  
UNIFIED SOCCER

MORE INFO



# TIMNATH MIDDLE SCHOOL ATHLETICS

## OPENING FALL 2022

### FALL SPORTS

### WINTER SPORTS

### SPRING SPORTS

CROSS COUNTRY  
FOOTBALL  
TENNIS  
VOLLEYBALL

BASKETBALL (BOYS)  
BASKETBALL (GIRLS)  
WRESTLING

GOLF  
SOFTBALL  
TRACK & FIELD  
UNIFIED BASKETBALL



MORE INFO



**NEW**

# ATHLETICS

Timnath High School Athletic Calendar: Competition Schedule

Timnath High School Building Wide Athletic Calendar



**Fall Sports Athlete Family Meeting**  
**6PM, August 2nd**  
**TMHS Performing Arts Center**

**THE SPORTS NEWS**

## 2022-23 TMHS ACTIVITY PASS

**NEW**

The activity pass offers free admission to all non-playoff high school basketball, football, volleyball, and wrestling events.

**All students will receive an Activity Pass as part of the TMHS Contribution Program.**

For more information contact:  
Emily Dunn at [edunn@psdschools.org](mailto:edunn@psdschools.org)



FALL

# SPORTS REGISTRATION

Fall Sports Registration is now open! A "Permit to Practice" Card is required for every athlete & every sport by the first official day of practice.

**Participating in a fall sport?**

**Pick up your practice card, pay for your sport, and turn in your physical beginning August 1st at the Timnath Athletic Office.**

Visit our [Sports Registration](#) page for more information and links to register.

TIMNATH

## COACHES WANTED

We are looking for coaches who share our vision of a character-based sports program and are energized by building something from the ground up. We are currently accepting applications for:

- Head High School Coed Track
- Head High School Girls Tennis
- Head High School Wrestling
- Assistant High School Girls Volleyball
- Assistant High School Wrestling

[Click Here to View Jobs and Apply.](#)

We look forward to adding high character coaches to our opening year team.



GO  
CUBS

*Chris Bergmann, Middle School Athletic Director, [cbergman@psdschools.org](mailto:cbergman@psdschools.org)  
Emily Dunn, High School Athletic Director, [edunn@psdschools.org](mailto:edunn@psdschools.org)  
Jessica Cromley, Athletics Administrative Assistant, [jcromley@psdschools.org](mailto:jcromley@psdschools.org)*

<https://tmh.psdschools.org/athletics/sports-registration>

# **SPONSORSHIP PROGRAM**

Dear TMHS Supporter:

We are excited to open in August of 2022 with a comprehensive athletic program offering over 30 different sports at the Middle and High School level. We look forward to partnering with our local community to support Timnath Middle-High School Athletics.

Field banners, gym signs, digital stadium ads, and ads in our athletic programs are all part of the sponsorship options allowing for contributions to be made at several levels of involvement.

Your advertising banner and/or sign would receive exposure daily for the 2022-2023 school year, and your business name would be placed in the hands of our community members attending TMHS athletic competitions.

- Outdoor banners are 3' X 6' and circle the Timnath Competition Fields (Grass Synthetic Competition Field, Baseball Fields).
- Indoor sponsorship signs are 2' X 3' displaying your business logo in our main gym (the gym space is limited to the first 30 sponsors).

Along with our displays on the fields and in the gyms of TMHS, we will produce season specific athletic programs for home games. These are printed in full color and can be purchased during events.

Funds generated from the Corporate Sponsor Program are used for the purchase of long-term durable goods and yearly equipment needs for TMHS athletic programs.

We look forward to sharing the successes of our athletic program with our community and generous donors.

If you would like to support our programs through a banner and/or sign for the 2022-2023 school year or if you want to advertise in our athletic programs, please complete the form linked below.

[Let's Team Up Sponsorship Flyer](#)

[Timnath Cub Athletics Sponsorship Form](#)

*Emily Dunn, High School Athletic Director, [edunn@psdschools.org](mailto:edunn@psdschools.org)*

*Jessica Cromley, Athletics Administrative Assistant, [jcromley@psdschools.org](mailto:jcromley@psdschools.org)*

**<https://tmh.psdschools.org/athletics/timnath-cubs-athletic-sponsorship>**





## **Middle School PSD League Format Changes**

The Poudre School District Athletic Department is excited to announce changes to Middle School athletic programming beginning in the fall of 2022.

### **Changes:**

- 6th graders will now have opportunities to compete in all individual sports. This includes cross country, golf, track, as well as the additions of tennis and wrestling.
- Football, basketball, and volleyball will be moving to a mixed-grade Varsity/JV/C-team model as opposed to 7th and 8th grade teams (as currently constructed). Softball, and all individual sports referenced above are currently operating under the Varsity/JV/C-team model.

### **Rationale:**

- Increased number of athletic opportunities for 6th grade students.
- Allows athletes to compete and receive instruction at the appropriate level, regardless of grade.
- Provides flexibility for those schools with extremely high/low participation numbers.
- Creates one consistent competitive model across all sports within the PSD Middle School Athletic League.
- Sub-Varsity competition opportunities will be increased.
- Total program roster size will be increased in basketball and volleyball.

*Chris Bergmann, Middle School Athletic Director, [cborgman@psdschools.org](mailto:cborgman@psdschools.org)*

*Jessica Cromley, Athletics Administrative Assistant, [jcromley@psdschools.org](mailto:jcromley@psdschools.org)*