



TIMNATH MIDDLE-HIGH SCHOOL

POUDRE SCHOOL DISTRICT

4700 Prospect Road, Timnath, CO 80547
Phone 970-419-3400 | Attendance 970-419-3403

Noticias Cub

Director
Jesse Morrill

SubDirector
Chris Bergmann

SubDirector
Emily Dunn

SubDirector
Shannon Smith

SubDirector
Tom Shannon

[School Website](#)



CLICK IT

Click on the Ads in this Newsletter

...to learn more about these great companies!

Advertising in this newsletter does not imply endorsement by Poudre School District.

Recordatorios de la Oficina de Asistencia

Para reportar ausencias, citas o salidas tempranas, por favor llame a la línea de Asistencia al 970-419-3403 o ingrese a través de Parent Vue.

Estudiantes de High School :

Tenemos un campus abierto sólo para estudiantes de High School. Los estudiantes serán responsables de decirle a su maestro cuando se van.

Los padres/tutores tendrán que llamar a la línea de asistencia para excusar la ausencia.

Estudianted de Middle School :

Si su hijo va a salir para una cita, por favor llame a la línea de asistencia o ingrese la ausencia de su hijo en Parent Vue tan pronto como sea posible. Esto asegurará que reciban un pase de salida temprana antes de la hora de su cita.

Si usted va a sacar a su estudiante al final del día, por favor espere por lo menos 15 minutos para que su estudiante salga de la clase.

Cuando sea posible, haga que su estudiante salga durante un período de pase para ayudar a aliviar las interrupciones en el aula.

Si usted ha llamado a la línea de asistencia o utilizado Parent Vue para una salida temprana, no necesita entrar al edificio para registrar la salida de su estudiante. Ellos saldrán en la recepción y se reunirán con usted afuera.

Well Care Visits are Time Well Spent

Join The Youth Clinic Family for **Year-Round Comprehensive Care**

The Youth Clinic caring for our future generations

Pediatric Urgent Care OF NORTHERN COLORADO

Is it just a phase?



CAYAC

Child, Adolescent, and Young Adult Connections

Helping youth and families find answers, options and support.



CHILD, ADOLESCENT, AND YOUNG ADULT CONNECTIONS

970-221-3308



Atención Trabajadores de Profesiones Especializadas y Jubilados...

TMHS clases de la High School están buscando conexiones de la industria en la construcción, fabricación de metal y la ingeniería. ¿Está usted interesado en ayudar con la organización de la tienda, videoconferencia con los estudiantes, o compartir su experiencia con los estudiantes de otras maneras? ¿O es que su suegro echa de menos su taller en su jubilación y busca algo que hacer? Por favor, póngase en contacto con Kevin Murray si desea donar tiempo, materiales de construcción, y / o habilidades para las clases de taller de la High School secundaria Correo Electronico: kemurray@psdschools o telefono 970-419-3463.

TMHS Athletics

[Oportunidades de Patrocinio Atlético](#)

[Gracias a Nuestros Patrocinadores Atleticos de Timnath](#) (click al enlace)

[Club Atletico de Padres– Ver Volante](#)

[Horario de Deportes High School](#)



Torneo de Voleibol

TMHS será el anfitrión de un torneo de VB el 9 de Septiembre de 9-2PM.

Varsity jugará 4 partidos.

¡Vengan a animar a los Cubs!



Did you know?

Only 5 - 10% of people have enough room in their mouth for Wisdom Teeth.

Most often they cause pain, infections or crowding of the other teeth.

Click this ad for more information or call us!

We accept most dental insurance, Medicaid under 21 years of age, and CHP+



Dr. Aric Murphy, DDS, MD
970-420-6848
MurphyOMS.com

hablamos español

Belize Trip



We're going to...

Belize!

Summer 2024



Interested?

Check our tour enrollment page to learn more and enroll. On that page you'll find cost of the trip, itinerary, what's included, FAQ's, and much more!

Please contact:

Mr. Fierro: cfierro@psdschools.org

OR

Mrs. Schauer: gschauer@psdschools.org

Click on the QR code below to view the enrollment page

Interesado?

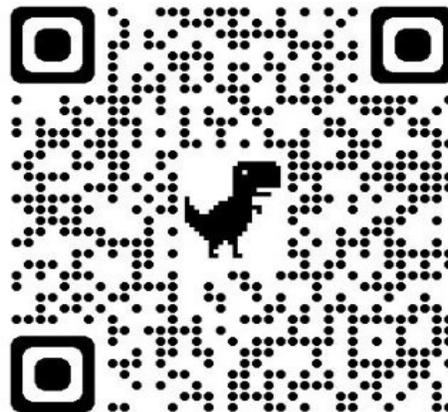
Consulte nuestra página de inscripción al viaje para obtener más información e inscribirse. En esa página encontrarás el coste del viaje, el itinerario, lo que incluye, las preguntas más frecuentes y mucho más!

Por Favor Contacte:

Sr. Fierro: cfierro@psdschools.org

OR

Sra. Schauer: gschauer@psdschools.org



Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community & a significant portion of your investment goes back to the school!

Want to sponsor this school?

Please contact Joe Mivshek at

SchoolNewsletterCompany@gmail.com or (970) 420-7163.

2023-2024 Equipo de Consejería

¡El equipo de consejería 2023-24 de TMHS les desea un gran inicio de año escolar! Tenemos algunas caras nuevas en nuestra oficina este año. Por favor, utilice como referencia este gráfico actualizado para identificar el consejero de su estudiante y póngase en contacto con ellos si lo necesita.

 Melissa Vasa A-De (A-M ELD) mediaz@psdschools.org	 Kelsey Cockrell Di-He kcockrell@psdschools.org	 Christina Bagley Hi-Mc cbagley@psdschools.org	 Tara Arko Me-R tarko@psdschools.org	 Matt Miltenberg S-Z (N-Z ELD) mmiltenberg@psdschools.org
---	---	--	---	---

2023-24 Timnath Counseling Team



 Jason Sifrit Drug & Alcohol Counselor jsifrit@psdschools.org	 Sylvia Garcia Family Liaison sylviag@psdschools.org	 Katie Hochhalter Registrar khochhalter@psdschools.org	 Jen Hitt Career Center Coordinator jhitt@psdschools.org	 Betsy Barthelemy Secretary bbarthelemy@psdschools.org
--	--	--	---	--

Not pictured: Arielle Kukafka and Virginia Smith, PSD Mental Health Specialists

continued ...

Mention this ad and enjoy 50% off your oil change



Find yours at



224 W Harmony Rd | 970.632.9770 | fortcollinsJEEP.com

We are here for you and your child's health!
 ¡Estamos aquí para la salud de su hijo!

Schedule your school or sport physical today!
 ¡Programa hoy su examen físico para la escuela o deporte!



Salud Family Health (303) 697-2583
(303) MYSALUD

1635 BLUE SPRUCE DR | FORT COLLINS< CO

OUR CARE IS DINO-MITE!
 MEDICAL = PEDIATRICS = DENTAL = BEHAVIORAL saludclinic.org

2023-2024 Equipo de Consejería, continuación...

Como consejeros de la middle high school, estamos agradecidos por la oportunidad de trabajar con las familias en el transcurso de hasta siete años, desarrollando relaciones estrechas que benefician a nuestros estudiantes. Como consejeros, trabajamos con los estudiantes para apoyar sus necesidades académicas, sociales y emocionales de aprendizaje, incluyendo el desarrollo de una sólida Carrera Individual y Plan Académico, o ICAP. También trabajamos estrechamente con profesores, administradores y líderes estudiantiles para fomentar una cultura y un clima positivos en los que TODOS los estudiantes tengan un sentimiento de pertenencia y aceptación.

Los estudiantes son bienvenidos a pasar por la oficina de consejería en cualquier momento para charlar con la Sra. B, nuestra secretaria, para obtener respuestas a sus preguntas (o para pedir educadamente un caramelo). Si su consejero no está disponible, pueden programar una cita para más tarde en el día o la semana. Se ruega a los padres que concierten siempre una cita por teléfono o por correo electrónico antes de venir. Contactar con Betsy al bbarthelemy@psdschools.org o (970) 419-3417 con cualquier pregunta!

Los estudiantes están haciendo un gran trabajo para adaptarse a sus horarios y sumergirse en su aprendizaje. El último día para agregar una clase ha pasado, y cualquier clase dada de baja ahora aparecerá en la transcripción de un estudiante con una "W" como su grado. El viernes, 8 de septiembre, es el último día para darse de baja y recibir esta clasificación; a partir del lunes siguiente, 9 de septiembre, cualquier estudiante que se dé de baja de una clase recibirá una "WF" en su expediente académico. En las transcripciones de la escuela secundaria, estos se tienen en cuenta como F en su cálculo GPA. En ambos casos, estas clases pueden ser reemplazadas con un período de PAWS o una posición de Ayudante de Maestro.

Los estudiantes-deportistas deben estar inscritos en por lo menos seis clases para mantener su elegibilidad atlética. Los estudiantes deben ver a su consejero para iniciar este proceso.

Recomendamos enfáticamente a todos los padres que sigan regularmente el progreso académico de sus hijos a través de ParentVue. (www.pvue.pdschools.org). La secundaria es un buen momento para comenzar el proceso de ayudar a su estudiante a desarrollar el sentido de pertenencia y la responsabilidad por su progreso académico. Una forma de hacerlo es pedirle a su hijo que le guíe semanalmente por su cuaderno de notas, repasando su progreso, lo que está aprendiendo y los planes para recuperar las tareas que le faltan. El desarrollo temprano de estos hábitos contribuirá a su éxito a largo plazo.

Your Hometown Healers
DOCTOR OWNED & OPERATED

The Women's Clinic
of Northern Colorado

Opportunities
to start nursing
or culinary pathways

Food and Nutrition
(Age 16)

Personal Care Provider
(Age 17 - will train)

CNA
(Age 17 - will train)

www.columbinehealth.com

COLUMBINE
HEALTH SYSTEMS

PSAT Information for Parents



Timnath Middle High School PSAT/NMSQT

Test Date:

Wednesday, October 11, 2023, 8:30 am in the large gym

Registration for the PSAT/NMSQT is open beginning September 1, 2023, and ending on October 2, 2023. Students should register for this **optional** PSAT exam if they are seeking National Merit Scholarship recognition. This is the **ONLY** PSAT exam that will qualify Juniors for the National Merit Scholarship. Please note that all juniors and sophomores will automatically be registered for and have the opportunity to take the state-required Colorado SAT/PSAT in April 2024.

The window for the online exam registration will begin on **Friday, September 1 and will end on Monday, October 2, 2023, at 11:59 pm. Tests are limited so please register as soon as possible.** If you have been approved for testing accommodation through the College Board and plan to take the PSAT-NMSQT, please contact Shannon Smith (shannons@psdschools.org) or Anne Tarkinson (atarkinson@psdschools.org) by September 15 so we can order the appropriate exam.

This registration will take a few minutes and can be completed from any computer with internet access. We strongly recommend that students and their parent/guardian are both present while registering to ensure that the registration process is complete and to ensure a test will be available during the national testing window. To register and pay for the assessment, students will need to use school pay and the link will be available on Friday, September 1. The cost of the PSAT/NMSQT is \$20.00.

If you have questions regarding registration or paying for this assessment, please contact Mrs. Kristina Bopray (TMHS Bookkeeper) at kbopray@psdschools.org or 970-419-3415 or Shannon Smith (School Assessment Coordinator) at shannons@psdschools.org or 970-419-3425. Once payment has been made, students will receive a PSAT/NMSQT Student Guide.

The PSAT/NMSQT will be administered in the **TMHS large gym on Wednesday, October 11, 2023, promptly at 9:00 am. Check-in begins at 8:30 am. Students need to bring their student issued laptop as this is a digital assessment as well as a calculator. No cell phones or backpacks are allowed in the testing room.**

Important dates for the registration process:

- Friday, September 1, 2023 - Registration Begins
- Monday, October 2, 2023, at 11:59 pm - Registration Ends
- Friday, October 6, 2023 - Registrations that have not been paid for may be canceled and students on the waiting list will have the opportunity to purchase an exam.

Lost your Medicaid? We may be able to help.



**Free appointments
Marketplace plans
and CHP+ help too!**

Health District
OF NORTHERN LARIMER COUNTY

LARIMER HEALTH CONNECT
970-472-0444
larimerhealthconnect.org

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com

Ultimate Frisbee

¡El club de ultimate frisbee de la escuela media está en marcha de nuevo! Practicaremos los miércoles este año, después de la escuela hasta las 5:00. Nos reuniremos en D213 (la sala de la Sra. Jaster) después de la escuela y luego nos dirigiremos afuera para jugar. Todos los estudiantes de la escuela media son bienvenidos a unirse - cualquier grado, cualquier género, y cualquier nivel de experiencia. Es un deporte divertido, amistoso y activo para cualquiera al que le guste correr con gente guay, y no necesitas pagar nada para unirse - ¡sólo preséntate! Envía un correo electrónico a la Sra. Jaster a mjaster@psdschools.org para cualquier pregunta.



Supporting our Schools



Joe Mivshek

Joe.Mivshek@KW.com

kw NORTHERN COLORADO
KELLERWILLIAMS.

970.420.7163



CLICK IT

Click on the
Ads in this
Newsletter



...to learn more about
these great companies!

FBLA

FBLA tendrá su primera reunión el martes, 12 de septiembre en la sala E201 durante el almuerzo
12:00-12:25



*Future
Business
Leaders
of
America*

FBLA
ACCEPTING
CUB NATION
MEMBERS
NOW



- *SPONSORED COMPETITION TRIPS
 - *COLLEGE SCHOLARSHIPS
 - *COMMUNITY SERVICE
 - *CLUB TRIPS/SCHOOL EVENTS
 - *JUMP START YOUR FUTURE
- ■ ■ ■ ■ ■ ■ ■ ■ ■

*You're
Invited!*

SEPTEMBER 12 @ LUNCH
IN ROOM E201

FOR MORE INFORMATION, EMAIL: SWAWRZYNIAK@PSDSCHOOLS.ORG

Anuario

2024 YEARBOOK



The Timnath High School yearbook captures today's memories to enjoy for a lifetime.

Don't miss out — reserve your copy today!

WAYS TO ORDER:



ONLINE

JOSTENSYEARBOOKS.COM



SCAN



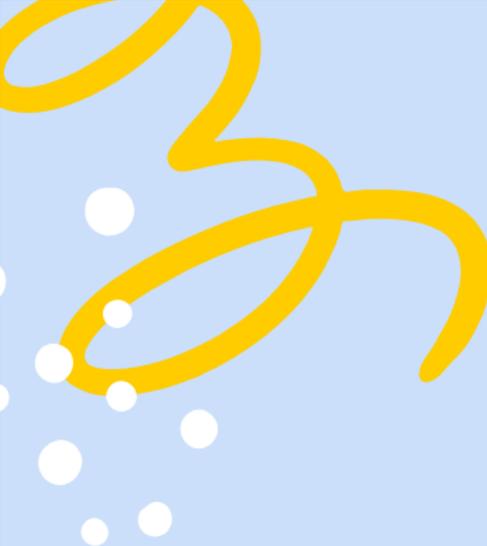
CALL

1.877.767.5217
8AM-5PM CST
MONDAY-FRIDAY

OTHER HELPFUL INFO:

Buy for this year's lowest price \$85.00

JOSTENSYEARBOOKS.COM

HOMECOMINGA decorative yellow ribbon graphic on the left side of the page, with several white circular dots scattered around it.

Homecoming

2023

Clear your calendar for a
week full of
Homecoming
celebrations and new
traditions

September

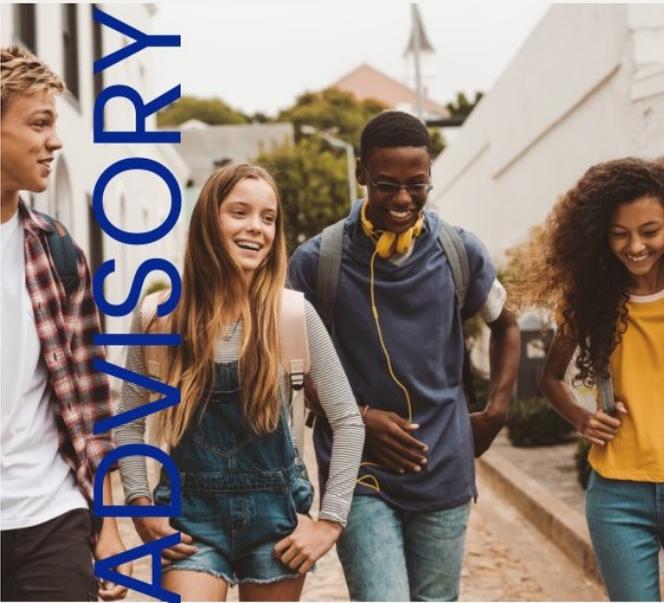
23-30th

A decorative yellow ribbon graphic on the right side of the page, with several white circular dots scattered around it.

COUNCIL

We Need Student Voice

Are you interested in being a part of the PSD's Student Advisory Council (StAC) to the School Board?



PSD Student Advisory Council
(StAC) for the Board of Education
Sign-up



STUDENT

REQUIREMENTS:

- Current enrollment in a PSD high school.
- Submit an online sign-up via QR code.
- Commit to participating in monthly meetings.
- Be willing to communicate and share information with fellow students on behalf of the group and School Board.

OCTOBER 6TH, 2023

CANVAS STADIUM



FOSSIL RIDGE VS FORT COLLINS
4:30

ROCKY MOUNTAIN VS Poudre
7:00

=COMMUNITY= CLASSIC



**RAMTOWN INFLATABLES
PARADE OF SCHOOLS
MASCOT RACES
AND MORE!**



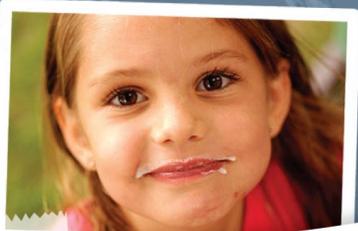
FREE ADMISSION TO ALL PSD STUDENTS AND STAFF

ADULT TICKETS \$12

VISIT CSURAMS.COM








CAPS 4 CASH

Sign up for home delivery and Morning Fresh Dairy will give your school \$25. Already a customer? Tell your friends and neighbors! For every new home delivery customer who refers your school, Morning Fresh Dairy will donate \$25. The funds don't stop there! Save the caps from our glass bottles and turn them in to your school. Morning Fresh will then give your school \$0.05 for every MFD glass milk bottle cap redeemed.

How do you help your school earn money?

1. Sign up for home delivery on our website or call us at 970-482-5789
2. Drink your milk
3. Save your bottle caps
4. Collect caps from family and friends
5. Bring the caps to school and drop them in the collection box



www.morningfreshdairy.com

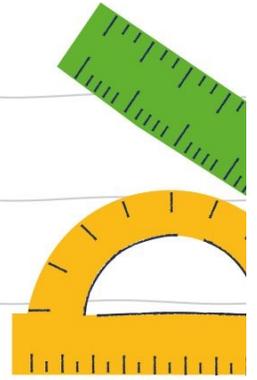
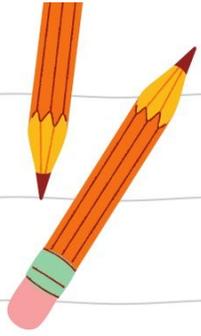
Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.



Advertise with The School Newsletter Company
 Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com



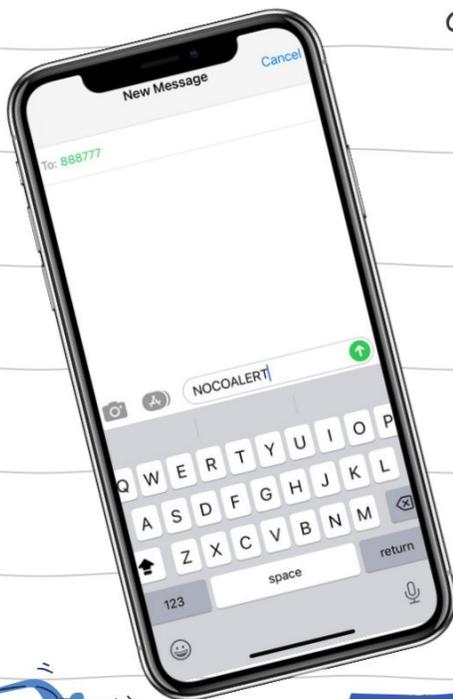
ALERT

COVERING LARIMER COUNTY, JACKSON COUNTY, AND WINDSOR-SEVERANCE FIRE DISTRICT

Are you signed up for emergency alerts?

Sign up for alerts at www.nocoalert.org. Here you can sign up to receive alerts for 5 different locations.

It is recommended you sign up for your home, work, and children's schools.



If you don't want to sign up for an account, text NOCOALERT to 888777 to receive alerts for all of Larimer County.

QUESTIONS?

email: letastaff@leta911.org

call/text: 970-962-2173

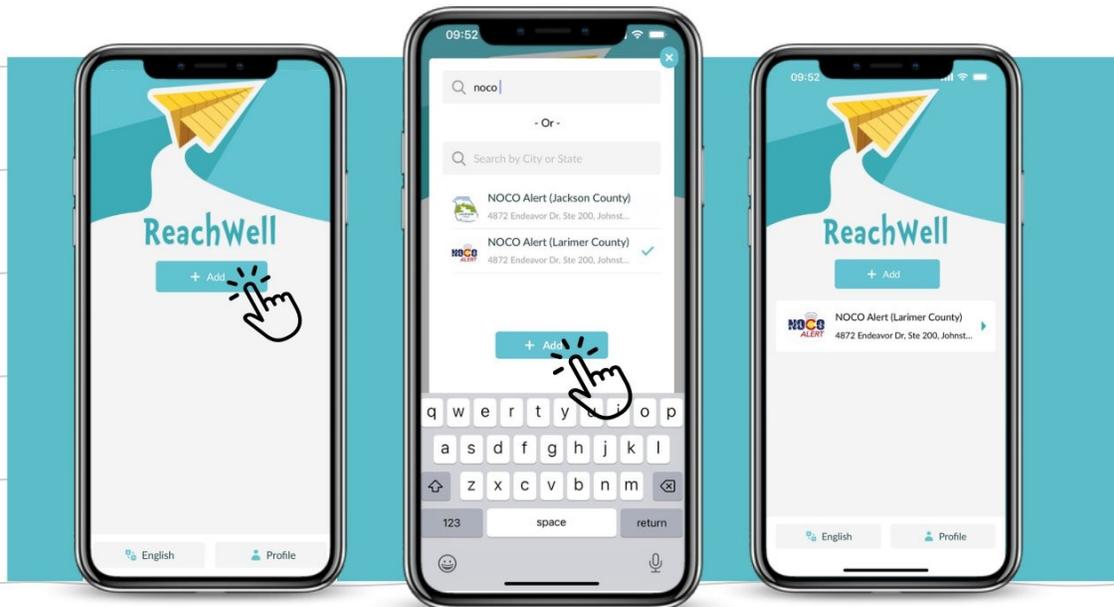




COVERING LARIMER COUNTY, JACKSON COUNTY, AND WINDSOR-SEVERANCE FIRE DISTRICT

**Do you need alerts in a different language?
¿Necesita alertas en otro idioma?**

Download the ReachWell App to receive alerts in over 100 different languages.
Descargue la aplicación ReachWell para recibir alertas en más de 100 idiomas diferentes.



Do you need accessible emergency alerts?

Visit leta.ahasalerts.com to sign up for accessible alerts. These alerts are translated to ASL and sent to internet capable braille devices.



What do you do when an alert is sent?

When you receive an emergency alert, it is important to follow all instructions given in the alert.
Instructions should be clear in what steps to take if an alert is sent for an area that includes your child's school.

Visit www.nocoalert.org for more information

PARENT CAFÉ



FOCUSED ON STRENGTHENING FAMILIES AND COMMUNITIES

Join other parents, share stories, build a support network, & grow friendships

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families Protective Factors, *Resilience, Relationships, Knowledge, Support and Communication*, that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

We have a variety of cafés for various schedules and specific needs

All Cafés are FREE!
Healthy Meals Included
and Children Activities
provided at some Cafes

Refer to the back of this page for days and times



- Colorado State University - UV Center: 1600 W Plum, Fort Collins
- House of Neighborly Service - Loveland Life Center: 1511 E. 11th St., Loveland
- Spanish Café - Fort Collins: 531 S. College Ave, Fort Collins (Shep Hall)
- Spanish Café - Loveland: Realities for Children (308 E County Rd 30)

FOR MORE INFO OR TO REGISTER, CONTACT:

BRANDI@THEMATTHEWSHOUSE.ORG

(970) 290-0999

<http://tinyurl.com/Parent-Cafes-TMH>



PARENT CAFÉ 2023

SEPTEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

KEY:

CSU CAFE:
UV Center: Every Thursday
from 5:00 to 7:00 pm

LOVELAND CAFE -
House of Neighborly Service:
Every Tuesday
from 6:00 pm to 8:00 pm

LOVELAND SPANISH CAFÉ-
Realities for Children:
Bi-weekly on Wednesdays
from 10:00 am to 12:00 pm

FORT COLLINS SPANISH CAFÉ-
First Presbyterian Church - Shep Hall:
Bi-weekly on Thursdays
from Noon-2:00 pm