

**TIMNATH MIDDLE-HIGH SCHOOL**

POUDRE SCHOOL DISTRICT

4700 Prospect Road, Timnath, CO 80547

Phone 970-419-3400 | Attendance 970-419-3403

THE CUB NEWS

Principal
Jesse Morrill

Assistant Principal
Chris Bergmann

Assistant Principal
Emily Dunn

Assistant Principal
Shannon Smith

Assistant Principal
Tom Shannon

[School Website](#)

**CLICK IT**

Click on the
Ads in this
Newsletter

...to learn more about
these great companies!

Advertising in this
newsletter does not imply
endorsement by Poudre
School District.

Reminders from the Attendance Office

To report absences, appointments or early dismissals, please call the Attendance line at 970-419-3403 or enter through Parent Vue.

High School students:

We have an open campus for High School students only. Students will be responsible for telling their teacher when they are leaving.

Parents/guardians will need to call the attendance line to excuse the absence.

Middle School students:

If your child is leaving for an appointment, please call the attendance line or enter your child's absence on Parent Vue as early as possible. This will ensure that they receive an early release pass ahead of their appointment time.

If you are checking your student out at the end of the day, please allow at least 15 minutes to have your student paged down from class.

When possible, have your student leave during a passing period to help alleviate classroom interruptions.

If you have called the attendance line or used Parent Vue for an early dismissal, you do not need to come into the building to check your student out. They will check out at the front desk and meet you outside.

**Well Care Visits are
Time Well Spent**

Join The Youth Clinic Family for
Year-Round Comprehensive Care

 The Youth Clinic
caring for our future generations

 Pediatric
Urgent Care
OF NORTHERN COLORADO

Is it just a phase?



CAYAC

Child, Adolescent, and
Young Adult Connections

*Helping youth and families find
answers, options and support.*

Health District
OF NORTHERN LARIMER COUNTY

CHILD, ADOLESCENT, AND
YOUNG ADULT CONNECTIONS

970-221-3308



Attention Skilled Trades Workers & Retirees...

TMHS high school classes are looking for industry connections in construction, metal fabrication and engineering. Are you interested in helping with shop setup, video conferencing with students, or sharing your expertise with students in other ways? Or is your father-in-law missing his shop in his retirement and looking for something to do? Please contact Kevin Murray if you would like to donate time, building materials, and/or skills to the high school shop classes. Email: kemurray@psdschools or phone 970-419-3463.

TMHS Athletics

[Athletic Sponsorship Opportunities](#)

[Thank you to our Timnath Athletic Sponsors](#) (click on link)

[Parent Athletic Club-See flyer](#)

[High School Sports Schedules](#)



Volleyball Tournament

TMHS will be hosting a VB tournament on

Sept 9th from 9-2PM.

Varsity will play 4 games.

Come cheer on the Cubs!!



Did you know?

Only 5 - 10% of people have enough room in their mouth for Wisdom Teeth.

Most often they cause pain, infections or crowding of the other teeth.

Click this ad for more information or call us!

We accept most dental insurance, Medicaid under 21 years of age, and CHP+



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MurphyOMS.com

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Belize Trip



We're going to...

Belize!

Summer 2024



Interested?

Check our tour enrollment page to learn more and enroll. On that page you'll find cost of the trip, itinerary, what's included, FAQ's, and much more!

Please contact:

Mr. Fierro: cfierro@psdschools.org

OR

Mrs. Schauer: gschauer@psdschools.org

Sponsorship space in this newsletter is extremely affordable!

Reach parents in your local community & a significant portion of your investment goes back to the school!

Want to sponsor this school?

**Please contact
Joe Mivshek at**

SchoolNewsletterCompany

**@gmail.com or
(970) 420-7163.**

Click on the QR code below to view the enrollment page



2023-2024 Counseling Team

TMHS' 2023-24 counseling team wishes you a great start to the school year! We have some new faces in our office this year. Please use this updated graphic to identify your student's counselor and contact them if you need.



2023-24 Timmnath Counseling Team



Not pictured: Arielle Kukafka and Virginia Smith, PSD Mental Health Specialists

continued ...

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We are here for you and your child's health!
¡Estamos aquí para la salud de su hijo!

Schedule your school or sport physical today!
¡Programe hoy su examen físico para la escuela o deporte!



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OUR CARE IS DINO-MITE!

MEDICAL • PEDIATRICS • DENTAL • BEHAVIORAL saludclinic.org

2023-2024 Counseling Team, continued...

As middle-high school counselors, we are grateful for the opportunity to work with families over the course of up to seven years, developing close relationships that benefit our students. As counselors, we work with students to support their academic, social, and emotional learning needs, including the development of a robust Individual Career and Academic Plan, or ICAP. We also work closely with teachers, administrators, and student leaders to foster a positive culture and climate where ALL students feel a sense of belonging and acceptance.

Students are welcome to stop by the counseling office any time to chat with Ms. B, our secretary, about getting their questions answered (or to politely ask for candy). If their counselor is not readily available, they may schedule an appointment for later in the day or week. Parents are asked to always schedule an appointment over the phone or email before coming in. Contact Betsy at bbarthelemy@psdschools.org or (970) 419-3417 with any questions!

High School Class Withdrawal Process Students are doing a great job of settling into their schedules and diving into their learning! The last day to add a class has passed, and any classes dropped will now appear on a student's transcript with a "W" as their grade. Friday, September 8, is the last day to drop and receive this classification; beginning the following Monday, September 9, any student withdrawing from a class will receive a "WF" on their transcript. On high school transcripts, these are factored in as F's in their GPA calculation. In both cases, these classes can be replaced with a PAWS period or a Teacher Aide position.

Student-athletes must be enrolled in at least six classes to maintain their athletic eligibility. Students should see their counselor to initiate this process.

Supporting Your Student's Learning We highly encourage all parents to regularly follow their student's academic progress through ParentVue (www.pvue.psdschools.org). Middle school is a great time to begin the process of helping your student develop ownership and responsibility for their academic progress. One way to do this is to have your student walk you through their gradebook on a weekly basis, going over their progress, what they are learning, and plans to make up any missing assignments. Developing these habits early will help support their long term success.



Your Hometown Healers
DOCTOR OWNED & OPERATED
The Women's Clinic
of Northern Colorado



Opportunities
to start nursing
or culinary pathways

Food and Nutrition
(Age 16)
Personal Care Provider
(Age 17 - will train)
CNA
(Age 17 - will train)

www.columbinehealth.com

COLUMBINE
HEALTH SYSTEMS

PSAT Information for Parents



Timnath Middle High School PSAT/NMSQT

Test Date:

Wednesday, October 11, 2023, 8:30 am in the large gym

Registration for the PSAT/NMSQT is open beginning September 1, 2023, and ending on October 2, 2023. Students should register for this **optional** PSAT exam if they are seeking National Merit Scholarship recognition. This is the **ONLY** PSAT exam that will qualify Juniors for the National Merit Scholarship. Please note that all juniors and sophomores will automatically be registered for and have the opportunity to take the state-required Colorado SAT/PSAT in April 2024.

The window for the online exam registration will begin on **Friday, September 1 and will end on Monday, October 2, 2023, at 11:59 pm. Tests are limited so please register as soon as possible.** If you have been approved for testing accommodation through the College Board and plan to take the PSAT-NMSQT, please contact Shannon Smith (shannons@psdschools.org) or Anne Tarkinson (atarkinson@psdschools.org) by September 15 so we can order the appropriate exam.

This registration will take a few minutes and can be completed from any computer with internet access. We strongly recommend that students and their parent/guardian are both present while registering to ensure that the registration process is complete and to ensure a test will be available during the national testing window. To register and pay for the assessment, students will need to use school pay and the link will be available on Friday, September 1. The cost of the PSAT/NMSQT is \$20.00.

If you have questions regarding registration or paying for this assessment, please contact Mrs. Kristina Bopray (TMHS Bookkeeper) at kbopray@psdschools.org or 970-419-3415 or Shannon Smith (School Assessment Coordinator) at shannons@psdschools.org or 970-419-3425. Once payment has been made, students will receive a PSAT/NMSQT Student Guide.

The PSAT/NMSQT will be administered in the **TMHS large gym on Wednesday, October 11, 2023, promptly at 9:00 am. Check-in begins at 8:30 am. Students need to bring their student issued laptop as this is a digital assessment as well as a calculator. No cell phones or backpacks are allowed in the testing room.**

Important dates for the registration process:

- Friday, September 1, 2023 - Registration Begins
- Monday, October 2, 2023, at 11:59 pm - Registration Ends
- Friday, October 6, 2023 - Registrations that have not been paid for may be canceled and students on the waiting list will have the opportunity to purchase an exam.

Lost your Medicaid?

We may be able to help.



Free appointments
Marketplace plans
and CHP+ help too!

Health District
OF NORTHERN LARIMER COUNTY

LARIMER HEALTH CONNECT
970-472-0444
larimerhealthconnect.org

Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

Advertise with The School Newsletter Company
Joe Mivshek 970-420-7163 | SchoolNewsletterCompany@gmail.com

Ultimate Frisbee

The Middle School ultimate frisbee club is up and running again! We will practice on Wednesdays this year, after school until 5:00. Meet in D213 (Mrs. Jaster's room) after school and then we'll head outside to play. All middle school students are welcome to join - any grade, any gender, and any level of experience. It is a fun, friendly, active sport for anyone who likes to run around with cool people, and you don't need to pay anything to join – just show up! Email Mrs. Jaster at mjaster@psdschools.org with any questions.



Supporting our Schools



Joe Mivshek

Joe.Mivshek@KW.com

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970.420.7163



CLICK IT

Click on the
Ads in this
Newsletter



...to learn more about
these great companies!

FBLA

FBLA will have it's first meeting on Tuesday, September 12th in room E201 during lunch 12:00-12:25



*Future
Business
Leaders
of
America*

FBLA
ACCEPTING
CUB NATION
MEMBERS
NOW



**SPONSORED COMPETITION TRIPS
*COLLEGE SCHOLARSHIPS
*COMMUNITY SERVICE
*CLUB TRIPS/SCHOOL EVENTS
JUMP START YOUR FUTURE



*You're
Invited!*

SEPTEMBER 12 @ LUNCH
IN ROOM E201

FOR MORE INFORMATION, EMAIL: SWAWRZYNIAK@PSDSCHOOLS.ORG

Yearbook

2024 YEARBOOK



The Timnath High School yearbook captures today's memories to enjoy for a lifetime.

Don't miss out — reserve your copy today!

WAYS TO ORDER:



ONLINE

JOSTENSYEARBOOKS.COM



SCAN



CALL

1.877.767.5217
8AM-5PM CST
MONDAY-FRIDAY

OTHER HELPFUL INFO:

Buy for this year's lowest price \$85.00

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HOMEcomingA decorative yellow swirl with several small white dots trailing off to the left.

Homecoming

2023

Clear your calendar for a
week full of
Homecoming
celebrations and new
traditions

September
23-30th

A decorative yellow swirl with several small white dots trailing off to the right.

COUNCIL

We Need Student Voice

Are you interested in being a part of the PSD's Student Advisory Council (StAC) to the School Board?



PSD Student Advisory Council
(StAC) for the Board of Education
Sign-up



STUDENT

REQUIREMENTS:

- Current enrollment in a PSD high school.
- Submit an online sign-up via QR code.
- Commit to participating in monthly meetings.
- Be willing to communicate and share information with fellow students on behalf of the group and School Board.

OCTOBER 6TH, 2023

CANVAS STADIUM

2023 canvas credit union =COMMUNITY= CLASSIC



FOSSIL RIDGE VS FORT COLLINS
4:30



ROCKY MOUNTAIN VS POUDRE
7:00



**RAMTOWN INFLATABLES
PARADE OF SCHOOLS
MASCOT RACES
AND MORE!**



FREE ADMISSION TO ALL PSD STUDENTS AND STAFF

ADULT TICKETS \$12

VISIT CSURAMS.COM





EARN \$25 FOR YOUR SCHOOL

CAPS 4 CASH

Sign up for home delivery and Morning Fresh Dairy will give your school \$25. Already a customer? Tell your friends and neighbors! For every new home delivery customer who refers your school, Morning Fresh Dairy will donate \$25. The funds don't stop there! Save the caps from our glass bottles and turn them in to your school. Morning Fresh will then give your school \$0.05 for every MFD glass milk bottle cap redeemed.

How do you help your school earn money?

1. Sign up for home delivery on our website or call us at 970-482-5789
2. Drink your milk
3. Save your bottle caps
4. Collect caps from family and friends
5. Bring the caps to school and drop them in the collection box



www.morningfreshdairy.com

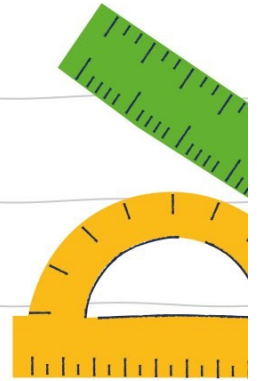
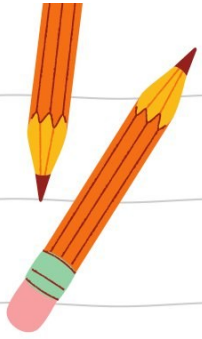
Reach Parents in Larimer County through our mobile-ready newsletters

Market your business in both Poudre and Thompson school districts.

You gain visibility and targeted, increased awareness; schools gain funds from advertising revenue.

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COVERING LARIMER COUNTY, JACKSON COUNTY, AND WINDSOR-SEVERANCE FIRE DISTRICT

Are you signed up for emergency alerts?

Sign up for alerts at www.nocoalert.org. Here you can sign up to receive alerts for 5 different locations.

It is recommended you sign up for your home, work, and children's schools.

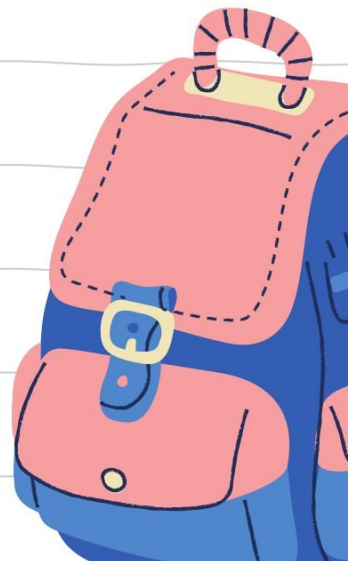


If you don't want to sign up for an account, text NOCOALERT to 888777 to receive alerts for all of Larimer County.

QUESTIONS?

email: letastaff@leta911.org

call/text: 970-962-2173

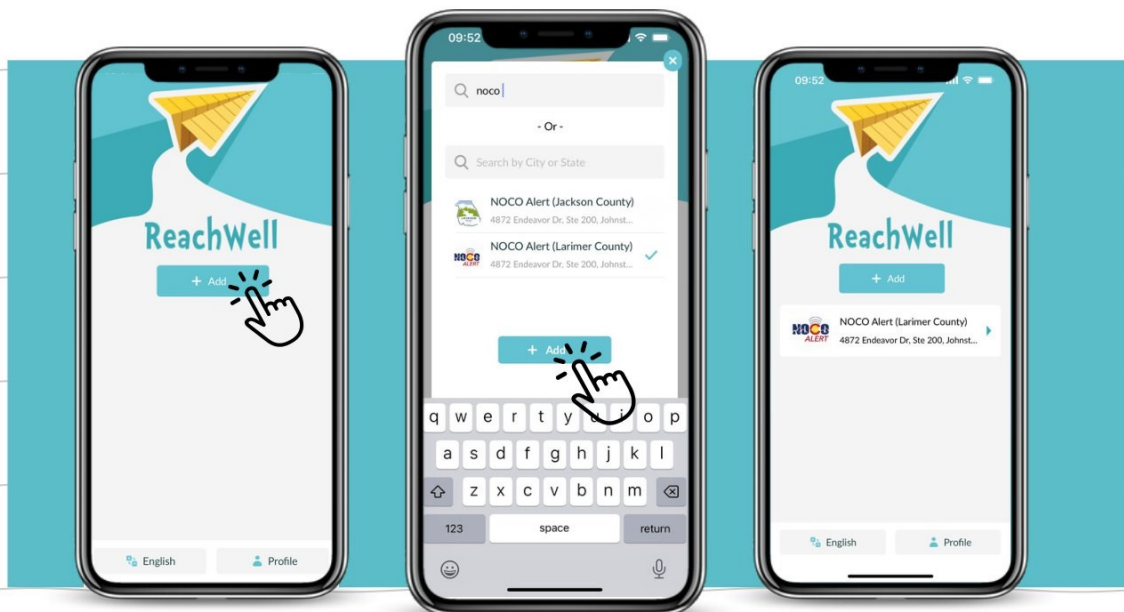




Do you need alerts in a different language? ¿Necesita alertas en otro idioma?

Download the ReachWell App to receive alerts in over 100 different languages.

Descargue la aplicación ReachWell para recibir alertas en más de 100 idiomas diferentes.



Do you need accessible emergency alerts?

Visit leta.ahasalerts.com to sign up for accessible alerts. These alerts are translated to ASL and sent to internet capable braille devices.



What do you do when an alert is sent?

When you receive an emergency alert, it is important to follow all instructions given in the alert.

Instructions should be clear in what steps to take if an alert is sent for an area that includes your child's school.

Visit www.nocoalert.org for more information

PARENT CAFÉ



FOCUSED ON STRENGTHENING FAMILIES AND COMMUNITIES

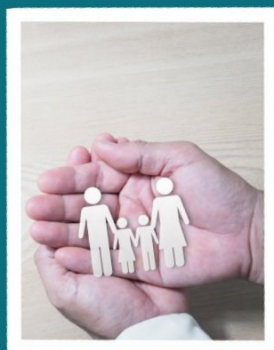
Join other parents, share stories, build a support network, & grow friendships

The Parent Café program supports and educates parents and caregivers, utilizing the Strengthening Families Protective Factors, **Resilience, Relationships, Knowledge, Support and Communication**, that give parents and caregivers the skills and resources they need to parent effectively, even under stress.

We have a variety of cafés for various schedules and specific needs

All Cafés are FREE!
Healthy Meals Included
and Children Activities
provided at some Cafes

Refer to the back of this page for days and times



Colorado State University - UV Center: 1600 W Plum, Fort Collins

House of Neighborly Service - Loveland Life Center: 1511 E. 11th St., Loveland

Spanish Café - Fort Collins: 531 S. College Ave, Fort Collins (Shep Hall)

Spanish Café - Loveland: Realities for Children (308 E County Rd 30)

FOR MORE INFO OR TO REGISTER, CONTACT:

BRANDI@THEMATTHEWSHOUSE.ORG

(970) 290-0999

<http://tinyurl.com/Parent-Cafes-TMH>



PARENT CAFÉ 2023

SEPTEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

OCTOBER

S	M	T	W	T	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

NOVEMBER

S	M	T	W	T	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

DECEMBER

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

KEY:

CSU CAFE:
UV Center: Every Thursday
from 5:00 to 7:00 pm

LOVELAND CAFE -
House of Neighborly Service:
Every Tuesday
from 6:00 pm to 8:00 pm

LOVELAND SPANISH CAFÉ-
Realities for Children:
Bi-weekly on Wednesdays
from 10:00 am to 12:00 pm

FORT COLLINS SPANISH CAFÉ-
First Presbyterian Church - Shep Hall:
Bi-weekly on Thursdays
from Noon-2:00 pm